

## Example<sup>1</sup> of how to fill in the: Self-Neglect Assessment Tool

*In the majority of cases an assessment of need, review and risk assessment procedures will be the best route to provide an appropriate intervention in situations of self-neglect. However, there are cases where this approach has not been able to mitigate the risk of self-neglect that could result in significant harm, and the person is refusing essential services without which their health and safety needs cannot be met.*

*This tool is designed to assist workers from all agencies in assessing the seriousness of self-neglect and consider whether a Self-Neglect Risk Management Meeting [SNRMM] is required. If it is clear a person meets the following criteria do not delay the decision to request a SNRM meeting*

1. Details of the Person / Adult at Risk of Self Neglect			
Name:	Maria Smith	URN:	12345Y
Main Address:	124, Any Street, Any Parish, Jersey		
Telephone Number:	345782	Type of property	Flat
Background information regarding the Person / Adult at risk			
<p>Maria lives alone in a small privately rented flat in St Helier. She has lived there for 6 months. Prior to this she was living with her mother for a number of years, but moved after her mother's death as she could not afford the rent.</p> <p>Maria has been out of work for the past 4 months, and is living on benefits, and is reportedly struggling to make ends meet.</p> <p>Maria reportedly has few friends, and has been seen in the locality, inappropriately dressed for the weather, in wet clothing.</p>			
Date of Assessment	13/09/16		

<sup>1</sup> No identification with actual persons living or deceased is intended or should be inferred. For other examples of what self neglect looks like please see Appendix Seven of the Self Neglect Guidance.

## 2. Domains for Consideration (complete proportionally)

<i>Area</i>	<i>Observations</i>	<i>Supporting Information (Reports/ photos/etc.)</i>	<i>Describe Identified Risks</i>
Environment	Privately rented, 4 cats, neighbour complaining of smells emanating from property. Complaints made to landlord	Letters from landlord to Maria	Cat faeces and urine in premises, overpowering smell reported from neighbours.
Personal Hygiene	Maria reportedly thin and unkempt. Maria's personal presentation has reportedly deteriorated in past 4 months	Eye witness accounts, reports from neighbours.	Possibly not coping or managing personal care needs. Soiled clothing.
Nutritional Status	Weight loss reported.	As above.	Weight loss due to none eating, possible depression, or poor diet.
Substance Use / Misuse	Alcohol consumption has increased.  Heavy smoker	Numerous empty vodka bottles left outside property and in shared walkways. Cigarette butts and smells. Sign of burnt curtain inside flat (see fire risk)	Increased alcohol, adding to concerns of weight loss, poor diet and not coping. Monies possibly being directed towards alcohol rather than self-care and care of home or pets.
Health Concerns / Medical Care / Medication	None insulin dependent diabetic.	Care Partner reports and Trackcare details, plus back up call to GP.	Increased alcohol and poor diet will have impact on diabetic control, possible high risk of seizures.
Cognition / Capacity (consider depression screening)	Loner, not engaging with community. More distant than usual.	GP last saw 2/12 ago, considered depression then, and thinks this may have worsened. Medication refused at this time.	Depression, alcohol misuse adding to overall welfare concerns.
Social Engagement / Disengagement	Disengaged from community, no known friends.	Landlord. Neighbours. Care Partner records.	Possible isolation, no informal supports, little known about Maria in recent weeks. Possible deterioration.
Safety Awareness / Fire Risk	Burnt/singed curtain in flat. Cigarette butts in shared areas.	Letters from neighbours, also very active at night time, noise etc.	Shared accommodation block, encroaching on neighbours, and possible fire risk to building. Public safety interest.
Impact on others / Neighbours /crime	As above, plus noise in night time.	As above	As above

Pets / Pet Care & welfare / Pet excrement etc.	Four cats in flat. Smells emanating. Possible neglect of animals.	Cats appear at windows, they look thin and uncared for. Cats are not let out.	Self-neglect is also impacting on welfare of pets.
Social Support networks / and refusal to accept help	Reportedly isolated.	Refused help 6 months ago (care partner record). Not known since.	Possible deterioration of health, mental health, no one looking out for Maria's welfare.
Other (please specify)	Shopkeeper has suggested Maria lives on alcohol and peanuts.		
Other (please specify)			

### 3. Person / Adult at Risk's or View of their situation

*Please state the person's own views if known (in their own words where appropriate)*

Maria has told the neighbours, landlord and Parish Hall staff to go away, leave her alone and stop harassing her. Maria has refused any offer of help from social services in the past.

*Please state the person's express wishes in relation to their situation / Desired outcomes and tolerance towards changes, if known.*

Maria has stated she is an adult, and if she wishes to drink herself to death that's what she will do, it's nobody's business and has told us to go away and leave her alone.

## 4. Evaluate Risk

*Please evaluate the current risks.*

*Consider whether the person's attitude towards the risk is increasing the likelihood / severity*

My concern is that Maria is becoming increasingly hostile, and depressed. The home situation is worsening, and the animals are as at risk as she is.

There are reported signs of weight loss, and Maria is not managing her diabetes properly. This is putting her at increased risk of seizures, which could be life threatening if not monitored and managed.

Neighbours are complaining about Maria, there has been a small fire, and the smell of faeces from the flat is causing issues with adjoining tenants, putting her tenancy at risk.

*Please see grid below and decide (in conjunction with your line manager) upon an overall risk rating, LOW, MEDIUM, HIGH or VERY HIGH, and see recommended actions*

Risk Score 9. HIGH

**Risk of considerable concern e.g. risk of injury, malnutrition, life affecting illness, serious impact on neighbours, pets, and person is refusing offers of help**

0-4 = Low Risk		<b>Severity of Self Neglect</b>			
6-8 = Medium Risk		Risks remain low, person is accepting support to alleviate situation and to manage associated impacts from self-neglect.	Risks remain of concern, person is accepting some but not all support to manage their issues, and/or they require further input from specialist services	Risk of considerable concern e.g. risk of injury, malnutrition impact on neighbours etc. and person is refusing offers of help.	Risk of serious injury or death, serious impact on others
9-12 = High Risk					
16 = Very High Risk					
Likelihood of event happening	Almost Certain 4	4	8	12	16
	Probable 3	3	6	9	12
	Possibly 2	2	4	6	8
	Unlikely 1	1	2	3	4

Low, Med, High, Very High	<b>Suggested Actions</b>  <i>*in all cases follow and review an updated capacity assessment*</i>
Low	Risks remain low – person is now accepting support to alleviate situation and to manage associated impacts from self-neglect. Discuss with line manager and monitor.
Medium	Risks remain of concern – person is accepting some but not all supports to manage their self-neglect; and /or they require further input from specialist services to alleviate concerns, and they are accepting of this. Discuss with line manager and monitor. Refer to appropriate agencies.
High	Risk of considerable concern e.g. risk of injury, malnutrition, life affecting illness, serious impact on neighbours, pets, and person is refusing offers of help. Seek advice from line manager, notify SPOR and consult adult safeguarding, regarding SNRM process, GP input, JSPCA, Mental Health Services, Fire Service or other agencies as appropriate.
Very High	Risk of serious injury or death, serious impact on others, Seek advice from line manager and progress to Self-Neglect Risk Management Meeting

## 5. Actions

Please give details of any actions taken and how they will reduce the risks.( Always discuss and explore risks with your line manager)

Actions	By Whom	By When
Landlord aware, he has keys and can gain access if supported by a Police Officer.	Landlord Tom Jacobs 490087	When required
Courtesy community visit: Maria refused entry and told me to go away	John Smith POSP 456789	29/07/16 15/08/16 30/08/16
Liaison with GP Dr Myrtle Le Cornu – GP will try and meet with Maria	John Smith	11/09/16
T/c to SPOR – asked to raise self-neglect concerns on this form.	John Smith and SPOR	13/09/16

**Please store this record in accordance with your agency's directions.**

**In high risk/very high risk cases please share this information follow Self-Neglect Guidance and contact the Safeguarding Adult Team.**

## 6. Completed By

Name:	John Smith		
Role:	Community Officer		
Organisation:	Parish of St Peters		
Email Address:	j.smith@posp.je		
Contact Number:	456789	Date:	13/09/16

*Confirm if capacity has been assessed and reviewed and by whom.*

No, capacity has not been assessed formally

Please send a copy of this assessment to the SPOR