

# Our plan to deal with domestic abuse in Jersey



**Easy read booklet**

**2022-2024**

# Who we are and what we do



We are the **Safeguarding Partnership Board** for Jersey. We work to keep adults and children in Jersey safe.



In this booklet we tell you about our plan to deal with **domestic abuse** in Jersey during the next 3 years.



**Domestic abuse** is when someone in your family or your partner hurts you. And you are both 16 years old or more.



Our plan is very important for us.

# About domestic abuse



Domestic abuse causes harm for the victims and for any children who are also affected by it.



Abusers often use **coercive and controlling behaviour** to get what they want.



**Coercive behaviour** is when the abuser uses violence or threats. They do this to scare, punish or harm someone.



**Controlling behaviour** is when the abuser tries to control someone. For example, they might stop someone getting help or having the things they need.

## People can be abused in lots of different ways. For example



- **Physical** abuse. This is when someone hurts your body, for example they might hit you or hold you down.



- **Sexual** abuse. This is when someone makes you have sex or do other sexual activities you don't want to do or don't understand.



- **Financial** abuse. This is when someone tells you how to spend your money or they spend your money in a bad way.



- **Emotional** abuse. This is when someone makes you feel bad about yourself or stops you seeing your family or friends.



- **Psychological** abuse. This is when someone makes you feel sad or scared with words. For example, they might make fun of you in front of other people.

# Domestic abuse in Jersey



Domestic abuse is a big problem in Jersey.



In the last year, nearly 3,000 women experienced domestic abuse in Jersey.



In Jersey about 500 children live in homes where there is domestic abuse.



Domestic abuse causes harm that can last a long time.

This is why we need to work hard and stop it.

# About our plan



Domestic abuse is very bad and can ruin people's lives. We think it is very important to stop domestic abuse.



It's **illegal** which means it's not allowed by law. We want people to know how to report domestic abuse to the police.



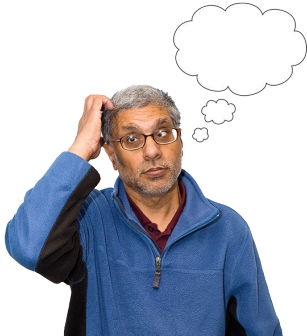
We want every adult and child who experiences domestic abuse to get the support they need.



We worked with other organisations and people who have been abused to write our plan.



Our plan has 3 aims:



1. Change **attitudes**.  
This means to change the way people think.



2. Stop abuse and give help early if abuse does happen.



3. Support people who have been abused.



We tell you more about these aims in the next few pages.

# 1. Change attitudes



We need to build communities that say no to domestic abuse.



To do this we need to

- help people to talk about domestic abuse.



- teach children about **equality and respect** when they are young. This means teach them how to treat people fairly and in the right way.



- help people understand the signs of domestic abuse. This will also help people who are being abused understand what is happening to them.



## Here are some things we will do to change attitudes



- We will work with schools and colleges to help children and young adults understand what a good relationship is.



- We will work with more groups and communities in Jersey. For example, black and minority ethnic communities.



- We will help parents who are being abused by a child to get support and contact the police.



- We will work with workplaces in Jersey to support staff who experience domestic abuse.

## 2. Stop abuse and give help early



Lots of people experience domestic abuse alone and find it hard to get help. It's important to help them quickly and early on.



We need to help organisations spot early signs of domestic abuse.



For example, healthcare staff can help identify abusers and people suffering from abuse.



Some abusers might be worried about their own behaviour.

It's important to help them get the right support as soon as possible to stop the abuse.

## Here are some things we will do to stop abuse and give help early



- We will make sure mental health staff are trained to notice abuse. And make sure they know what to do about it.



- We will make sure government staff get training on domestic abuse so they can help people safely.



- We will work with prisons to make sure abusers understand that domestic abuse is wrong.



- We will work with GPs and healthcare staff to help them report domestic abuse to the right organisations when they see it.

### 3. Support people who have been abused



We need to make sure people who experience domestic abuse and their children are safe.

We want them to get the right support at the right time.



We want to make sure there is safe housing for people who experience domestic abuse. This is so they can get away from their abuser.



We need to do more to stop abusers from harming others, for example, children.



The police need to work with people who tell them about domestic abuse and investigate any crimes.

## Here are some things we will do to support people who have been abused



- We will make sure abusers who keep abusing people go to **court**. A court decides if someone has broken the law and if they should be punished.



- We will check the way we work to make sure we do not put people at risk.



- We will work with other organisations to share the best ways to stop domestic abuse and support people who experience it.



- We will do more to get abusers to change their behaviour.

# How we will check our work



We have organised a special group of people to check how we are doing.



This group is called the **Domestic Abuse Sub-group**.

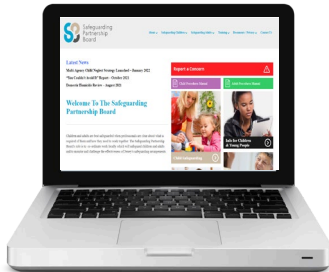


They will make sure we follow our plan and meet our aims.



This group will write a report to let everyone know how we are doing.

# What to do if you have any questions



Find out more on our website  
[www.safeguarding.je](http://www.safeguarding.je)



Thank you to A2i for the words  
[www.a2i.co.uk](http://www.a2i.co.uk) (reference 25020)

The full version of this document is called  
“Domestic Abuse Strategy 2022-24”